

Paket

Health M 6

„Listening, Reading, Mediation and Speaking.“



Stempelkarte

English M 6

AB, INFO:
Health

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FILM:
"I'm too ill"

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AB:
Comparatives and
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Name LP:

Name LB:

Date:



Listen to the text



Health

Being a healthy kid is all about eating right, getting plenty of exercise and looking after yourself. Your health is very important in your development and growth.

1. Eat plenty of fruits as it will provide you with lots of the vitamins and minerals that you need to stay strong and healthy.
2. Include vegetables. They come in many different types, and so you should try to get a good balance of the different sorts.
3. Avoid too much sugar. Limit the amount of sweets, chocolate, chips and other unhealthy snacks you eat.
4. Drink lots of water. Water is a major part of staying healthy.
5. Get an hour of exercise a day. You should try to include an hour of physical activity in your schedule every day.
6. Get enough sleep. 11-13 year old kids should sleep 9,5 hours a night.

Vocabulary



All necessary vocabulary
can be found on Quizlet



Text-based tasks

① **Connect the matching sentences.** *Verbinde die passenden Sätze.*

- | | |
|--|---|
| <ul style="list-style-type: none"> ● You need vitamins and minerals to stay strong and healthy. ● Vegetables come in many different types. ● Avoid too much sugar. ● Being healthy is all about eating right. ● 11-13 year old kids should sleep 9,5 hours a night. | <ul style="list-style-type: none"> ○ Gesund zu sein bedeutet, sich richtig zu ernähren. ○ 11-13 Jahre alte Kinder sollten 9,5 Stunden pro Nacht schlafen. ○ Du brauchst Vitamine und Mineralien, um stark und gesund zu bleiben. ○ Gemüse gibt es in vielen verschiedenen Sorten. ○ Vermeide zu viel Zucker. |
|--|---|

② **True or false ? Tick the correct statement.** *Richtig oder falsch? Hake die richtigen Aussagen ab.*

	true	false
To be healthy means to eat good food.	<input type="radio"/>	<input type="radio"/>
Sleep is not important for being healthy.	<input type="radio"/>	<input type="radio"/>
Eat a lot of sugar to be healthy.	<input type="radio"/>	<input type="radio"/>
Water is good for your health.	<input type="radio"/>	<input type="radio"/>
Do not exercise - this will make you sick.	<input type="radio"/>	<input type="radio"/>



Watch this short animation about 'I am too ill'



① **Connect the matching words.** *Verbinde die passenden Wörter.*

- | | |
|--------------------|------------------|
| A sore throat ● | ○ Ohrenschmerzen |
| High temperature ● | ○ Kopfschmerzen |
| A tummy ache ● | ○ Halsschmerzen |
| An earache ● | ○ Fieber |
| A headache ● | ○ Bauchschmerzen |

② **Answer the questions in German.** *Beantworte die Fragen auf Deutsch.*

a) **Welche Schmerzen hat Siriwat am Morgen?**

b) **Warum kann er keine Medizin nehmen?**

c) **Was sagt die Ärztin zu ihm?**



③ **Translate the sentences.** *Übersetze die Sätze.*

a) **Siriwat has a sore throat.**

b) **His father wants to give him some**

c) **In the evening he has an earache.**

d) **The doctor gives him medicine.**

e) **The next day Siriwat feels good again.**

Comparatives and superlatives



Listen to the song about
'Comparative Superlative Song'
Rockin' English



bad
worse
the worst

big
bigger
the biggest

small
smaller
the smallest

good
better
the best

Practice !!!



Act it out!

① **Read the text. Find three friends and act out the dialogues.**

Tom: Hey, you all! Have you heard about our food waste problem?

Tom: Mum! I feel terrible today!

Mother: Oh no, Tom. What hurts you?

Tom: My ears hurt a lot and my head aches.

Milly: Mum, I also do not feel well. My throat is sore and it hurts when I swallow.

Mother: Okay, you two. Then we go and see Dr.Jet. She will help you.

Dr. Jet: Hello you all. How can I help you? You two do not look so good.

Milly: Tom and I do not feel good. My throat hurts and his ears.

Tom: And my head hurts a lot, too.

Dr. Jet: When did your throat start to hurt, Milly?

Milly: I am not sure. It started yesterday, I think.

Mother: We were on the water with our boat yesterday. It was very windy.

Tom: My ears also started to hurt yesterday.

Dr. Jet: Well then, there you go. You two have caught a cold. Always remember to wear a hat and to put something on when on the water. The wind is too cold.

Mother: We will remember that.

Dr. Jet: I have written a receipt for you with some syrup and ear drops. Make sure to rest and drink a lot of warm tea. Get well, soon!

Tom: Thank you, Dr.Jet.

Milly: Thanks for helping us. Goodbye.



**Watch the animation
'What do humans need to stay healthy'**



Meet and speak

Finde eine/n Englischlehrer/in und unterhalte dich über unsere Gesundheit.

Was kannst du tun, um gesund zu bleiben?

Kannst du etwas über Siriwat erzählen?

Was brauchen wir Menschen, um gesund zu bleiben?

Kannst du 3 Adjektive steigern?



GN overview



Reading

Completed package
+
Read the text on page 1
aloud

Signature



Listening

Completed package

Signature



Mediation

Completed package

Signature

Optional



Speaking

Have a conversation

Act out the dialogue

Signature