

Paket

# Basic Vocabulary „Health“





# Stempelkarte

English Vocabulary 10

Vocabulary - 'Health'

1

AB:  
Use of language - 'Health'

2

AB:  
Vocabulary and Grammar -  
'Health'

3



# Vocabulary - 'Health'

English Vocabulary 10

1

Name Lernpartner/in:

Name Lernbegleiter/in:

Datum:



Picture made by Olia Nayda



## Get the booklet

„Kompakt-Wissen Realschule /  
Englisch Prüfungswortschatz: 8. - 10. Klasse“

ISBN: 9783894498559



Go to section "Health" and copy the vocabulary into your vocabulary book





## Use of language

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① Find words or expression (synonyms) that mean more or less the same.

/ 3

a) to lose weight

b) delicious

c) dish

② Find the opposites.

/ 3

a) to heal

b) illness

c) to improve

Points:

/ 6

# AB: Vocabulary and Grammar - 'Health'

English Vocabulary 10

3

① Explain the following words in complete sentences.

/ 2

a) a hospital

  

b) to improve

  

② Read the text. Find the suitable forms of the words and write them down.

/ 11

A  (health) lifestyle is crucial for humans. Unhealthy lifestyles are  (to harm) for our bodies. One  (to improve) is to eat meals that  (to provide) enough vitamins and minerals. For example, drinks  (to contain) too much sugar are the worst you can do to your body. Plenty of people eat because of  (bored), which is  overweight. Their  (to digest) is oftentimes not functioning very well. An unhealthy lifestyle  (to damage) the cells and our entire nervous system. If overweight people  (to exercise), their body will thank them in numerous ways. The doctor's  (to recommend) is to exercise one hour per day. Have you ever  (to taste) fresh vegetables and fruits? They are delicious!

Points:

/ 13



Lösungen

# Basic Vocabulary „Health“



## Use of language

① Find words or expression (synonyms) that mean more or less the same.

/ 3

a) to lose weight

to go on a diet

b) delicious

tasty

c) dish

meal

② Find the opposites.

/ 3

a) to heal

to damage

b) illness

health

c) to improve

to make worse

Points:

/ 6

# AB: Vocabulary and Grammar - 'Health'

English Vocabulary 10

3L

① Explain the following words in complete sentences.

/ 2

a) a hospital

A hospital is the place where to go when you are in pain.

A hospital is the place where to go when you are in pain.

b) to improve

Eating healthy improves people's health.

Eating healthy improves people's health.

② Read the text. Find the suitable forms of the words and write them down.

/ 11

A  (health) lifestyle is crucial for humans. Unhealthy lifestyles are  (to harm) for our bodies. One  (to improve) is to eat meals that  (to provide) enough vitamins and minerals. For example, drinks  (to contain) too much sugar are the worst you can do to your body. Plenty of people eat because of  (bored), which is  . Their  (to digest) is oftentimes not functioning very well. An unhealthy lifestyle  (to damage) the cells and our entire nervous system. If overweight people  (to exercise), their body will thank them in numerous ways. The doctor's  (to recommend) is to exercise one hour per day. Have you ever  (to taste) fresh vegetables and fruits? They are delicious!

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/ 13

