Paket

Basic Vocabulary "Health"



Stempelkarte

English Vocabulary 10

Vocabulary - 'Health'

1

AB: Use of language - 'Health'

2

AB: Vocabulary and Grammar -'Health'

2



Vocabulary - 'Health' English Vocabulary 10

1

Name Lernpartner/in: Name Lernbegleiter/in: Datum:



Picture made by Olia Nayda



Get the booklet "Kompakt-Wissen Realschule / Englisch Prüfungswortschat: 8. - 10. Klasse" ISBN: 9783894498559



Go to section "Health" and copy the vocabulary into your vocabulary book



AB: Use of language - 'Health'

Use of language

① Find words or expression (synonyms) that mean more or less the same.	/3
a) to lose weight	
b) delicious	
c) dish	

2 Find the opposites. a) to heal b) illness c) to improve

> Points: **/** 6



AB: Vocabulary and Grammar - 'Health'

3

1 Explain the following words in complete sentences.	/2
a) a hospital	
b) to improve	

2 Read the text. Fin	d the suitable forms of t	he words and	write them down.	/ 11
A (health) lifestyle is crucial for humans. Unhealthy lifestyles a				
	(to harm) for o	(to		
improve) is to eat meal	s that	(to provide)	enough vitamins a	nd minerals.
For example, drinks		(to contain) to	o much sugar are t	he worst you
can do to your body. Plenty of people eat because of (bored), which			ed), which is	
	overweight. Their		(to digest) is	oftentimes
not functioning very we	ell. An unhealthy lifestyle			(to damage)
the cells and our entire nervous system. If overweight people			(to	
exercise), their body wi	ll thank them in numerous	s ways. The doc	tor's	
		(to	recommend) is to	exercise one
hour per day.				
Have you ever		(to taste) fresh	vegetables and frui	ts? They are
delicious!				

/ 13 Points:





Lösungen

Basic Vocabulary "Health"



AB: Use of language - 'Health'

2L

Use of language

1 Find words or expression (synonyms) that mean more or less the same.

/3

a) to lose weight

to go on a diet

b) delicious

tasty

c) dish

meal

2 Find the opposites.

a) to heal

to damage

b) illness

health

c) to improve

to make worse

Points:

/ 6



AB: Vocabulary and Grammar - 'Health'

English Vocabulary 10

3L

① Explain the following words in complete sentences.

12

a) a hospital

A hospital is the place where to go when you are in pain.

A hospital is the place where to go when you are in pain.

b) to improve

Eating healthy improves people's health.

Eating healthy improves people's health.

(2) Read the text. Find the suitable forms of the words and write them down.

/ 11

А	пеанпу	(nealth) lifestyle is crucial for humans. Onnealthy lifestyles are								
	harmful		(to harm) for o	ur b	odies. One		improv	/emei	nt	(to
impro	ve) is to eat mea	ls that	provide		(to provide)) enoug	gh vitam	ins ar	nd minera	ls.
For ex	ample, drinks	conta	aining	(to	contain) to	o muc	h sugar	are th	ne worst y	ou
can do to your body. Plenty of peop		ople eat becaus	se of	bore	edom		(bore	ed), which	is	
	causing	overweigh	nt. Their		digestion		(to dige	est) is	oftentime	S
not fu	nctioning very w	ell. An unhe	ealthy lifestyle		dar	nages			(to dama	ge)
the ce	lls and our entire	e nervous s	ystem. If overw	eigh	t people		exerci	se		(to

exercise), their body will thank them in numerous ways. The doctor's

recommendation (to recommend) is to exercise one

hour per day.

Have you ever tasted (to taste) fresh vegetables and fruits? They are

delicious!

Points: / 13

